

Excercise 1.1

For Finger Independence in C Major

Perform each exercise one hand at a time, slowly and methodically at first.
Once comfortable at the slow **Tempo** (*speed*), gradually increase the tempo.
Make sure to keep your fingers arched and release each note as you move on to the next.

"Treble Clef"
Right Hand

Fingers RH

Note Names C D E F G F E D C

Now try the left hand. Pay attention to which fingers you are using, making sure they are the correct ones. Study *Figure A* at the bottom of the page for further information.

Fingers LH 1 2 3 4 5 4 3 2 1

"Bass Clef"
Left Hand

Figure A - As you can see, the numbers above and below each staff represent the fingers on your hand. It is very important to only use the finger the music tells you to use.

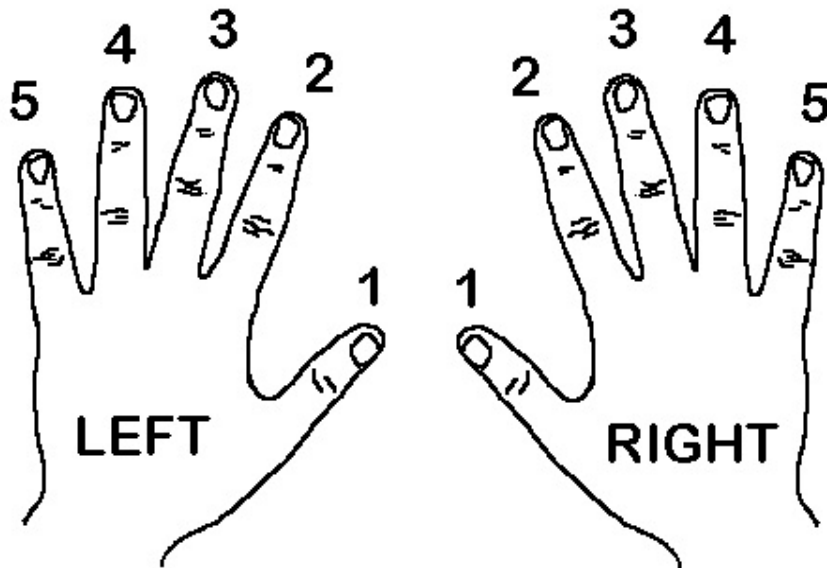


Photo provided by <http://lessonsinyourhome.net/>