

Excercise 1.3

For Finger Independence in C Major

We will now perform the **C Major Scale**. A scale is a series, or pattern, of notes. When the scale gets higher in pitch, it's called an *ascending scale*. When the scale gets lower in pitch, we call that a descending scale. We will start with an ascending C major scale. Practice one hand at a time and pay close attention to which fingers you should use.

1 2 3 1 2 3 4 5

After you play the note "E" with your 3rd finger, pivot your 1st underneath your middle finger to land it on the note "F".

A similar movement happens here in the left hand. Once you play the note "G" with your 1st finger, pivot your 3rd finger ovetop of your 1st finger to land it on the note "A".

5 4 3 2 1 3 2 1

Now we'll try the decending C major scale. Again, take note of which fingers you should be using.

5 4 3 2 1 3 2 1

1 2 3 1 2 3 4 5

No let's perform the ascending scale immediatly followed by the descending scale. As always, start off by playing the exercise slowly and deliberately. Once you are comfortable at a slow tempo, gradually increase the speed.

1 2 3 1 2 3 4 5 4 3 2 1 3 2 1

5 4 3 2 1 3 2 1 2 3 5 4 3 2 1